



# Why Go It Alone?

## Four Reasons to Call Your EAP Program:

- Confidential and private
- No cost to you
- Professional, licensed consultants
- Easy to schedule

## Call us for these and other issues:

- Family concerns
- Wellness
- Career planning and job coaching
- Drug & alcohol use
- Stress at work or at home
- Elder care
- Financial concerns
- Relationships

**We're just a phone call away**

**NEW CONTACT INFORMATION  
FOR YOUR EAP SERVICE:**

**978-304-6551 call or text**

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